



# Newsletter

Issue 11

May 2021

[www.stneots.foodbank.org.uk](http://www.stneots.foodbank.org.uk)

**We are currently providing nearly 4,500 meals per month to grateful adults and children, who would otherwise go hungry.**

Our aim is to provide parcels with three days nutritionally balanced food and a box of fresh fruit and vegetables for people in crisis and also to support them with the underlying causes of their situation to give them dignity, hope and choice for the future, where they can be financially independent and not have need of the foodbank.

A five person family will receive about 40kg of food in one of our food parcels, to make nutritionally balanced meals, along with several kilos of fruit and veg, eggs (NEW), toiletries



**EGGS  
NOW  
INCLUDED**



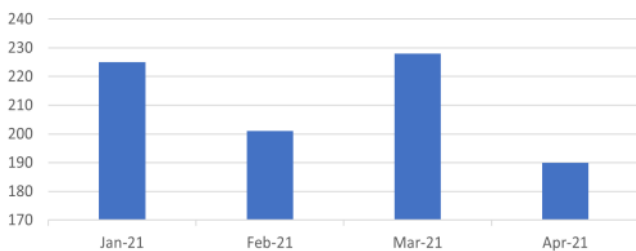
Thank you to Cadbury's, National Westminster bank and other donors for providing over 300 Easter eggs, which we have delivered with our food parcels



**£9,500 now raised to help people needing cooking equipment, mobile devices, boiler repairs, radiators, clothes, carpets etc**



2021 January - April : Number of People Fed



We have become a

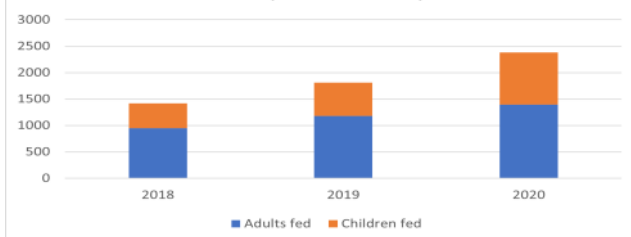
Trusted Organisation with



and have been able to give awards to our foodbank users through the Winter Support Grant. In the last month we have done 40 grants, supermarket vouchers (£50 / £25 singles) and energy top ups (£49 / £28 singles).

**These Graphs Show the Growth in Demand and Stock Movements over the Past 3 Years**

3 Year Comparison of People Fed

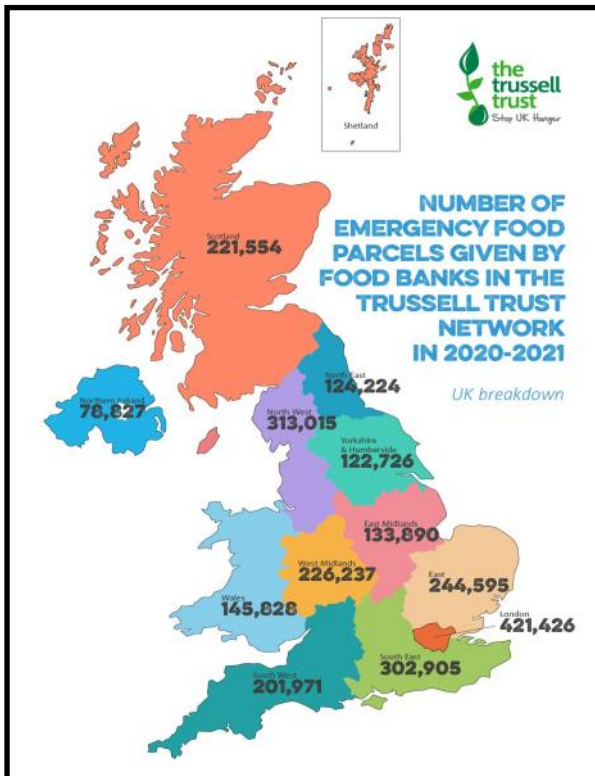


3 Year Stock In & Out





## Trussell Trust Foodbanks - The National Picture



### Helping people in crisis access the support they need

Our helpline, run in partnership with Citizens Advice, is available free of charge to anyone in England or Wales facing financial crisis. Since the helpline launched last April:

- 36,000 calls have been answered.
- 23,000 food bank vouchers issued.
- So far, over **£4 million** in additional funds secured for people through income maximisation advice.

They can help address crises and provide support to maximise income, help navigate the benefits system, and identify any additional grants people may be entitled to. The advisers can also provide specialist debt and budgeting advice to people calling the line. They can also issue vouchers, so those callers who need it, can get an emergency food parcel from their local food bank.

[Link to Trussell Trust website for more information](#)

[End of Year Stats - The Trussell Trust](#)

### Acceptable?

Poem written by a person with lived experience of poverty, read by volunteers and food bank staff

[Share the poem - The Trussell Trust](#)



## A HUGE THANK YOU TO ALL OUR VOLUNTEERS and SUPPORTERS

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