



Dear all,

Can you think of a time when you were really hungry? Perhaps you had been on a fast or gone without food for a time for a particular reason; perhaps you were saving your appetite for a special meal – whatever the case, all of us will know what it's like to be hungry, and then for that hunger to be satisfied!

Now ask yourself, when were you last spiritually hungry? Just as we get hungry for physical food, so we are made by God to be spiritually hungry – to seek after Him and experience more and more of Him on an ongoing basis – this is what helps us to grow in our relationship with Jesus. This is why meeting together as Christians is so important! Whilst the current situation means our meeting together will occur in different ways, let us continue to encourage one another in whatever ways are possible.

#### Church News:

- **Sunday 19 July**

This Sunday we will be streaming our service from St Mary's Church Building with a few participants (Hooray!). This Sunday's live stream service will include Communion. If you wish to have some bread and wine to hand ready for this at home, please do!

On Sunday 2 August, people will be able to start attending services again - watch out for further information coming soon as to how to obtain tickets.

After Sunday's livestream service, please join us for Zoffee and Zea - a time of fellowship chatting with each other using Zoom. To join this time of fellowship, please contact me ([vicar@eatonsocon.org](mailto:vicar@eatonsocon.org))

- **Weekly Challenge**

This week's challenge is to send us a photo of different ways you can use bread. Do send to [Jenny@barrett.cc](mailto:Jenny@barrett.cc) by **Saturday 18 July 12noon**, which will then be included in Sunday's Livestream Service.

- **Facemasks**

If you're visiting St Mary's, there are Facemasks available, made by Jane Gogarty, for a suggested donation of £2.

- **'Lockdown' Recipe Book**

What recipes have you used and enjoyed during the recent lockdown?

We'd love to put together a recipe book containing your favourite recipes for printing and selling to the church and further afield!!

The proposal is to divide this book into 4 sections:

- Starters and Accompaniments
- Main Courses
- Desserts
- Teatime

Send your recipe(s) to [brianelliott1948@gmail.com](mailto:brianelliott1948@gmail.com) together with:

- Recipe Title
- Number of people it serves
- Ingredients & Directions
- Your name (or the name of the person submitting it)

Any questions please contact Brian on the above email address!

With every prayer and blessing for the week ahead.

Tim  
Vicar St Mary's Eaton Socon